

Weekly Programme

	Monday Montag	Tuesday Dienstag	Wednesday Mittwoch	Thursday Donnerstag	Friday Freitag	Saturday Samstag	Sunday Sonntag
MORNING Vormittag	09.00-13.30 Hiking Tour Gardone Riviera Meeting Point: Info Point Gardone Riviera	9.00-10.00 Dynamic Power Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772	09.00-14.30 Monte Spino by Day Meeting Point: Hotel Colomber San Michele di Gardone	08.00-09.00 Vinyasa Flow Yoga Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772 ***** 09.00-12.30 E-Bike Tour Gardone Riviera Meeting Point: KM Sport Gardone Riviera	10.00-12.00 Belle Epoque Gardone Riviera Meeting Point: Info Point Gardone Riviera	08.00-13.00 Local Market Salò Meeting Point: Piazzale Pedrazzi Salò ***** 09.00-17.00 2. Saturday of the month Vintage Market Meeting Point: Piazzale Centro Commerciale Salò 2 Cost: 39€/ person 23€/children	09.00-12.30 Visit Isola del Garda Meeting Point: Pier opposite Pizzeria Tip Tap - Salò Lakepromenade Parking: APCOA Civico Language: ITA/EN/DE
AFTERNOON Nachmittag	18.30-19.30 Ashtanga Yoga Meeting Point: Yoga Room lev 1 next to Creavista Language: ITA/EN Cost: free Booking: Spa Reception or by calling 772 ***** 17.00-18.00 Wine Tasting Meeting Point: Enoteca near Lobby Bar Reservation at the Reception	17.00-18.00 Wine Tasting Meeting Point: Enoteca near Lobby Bar Reservation at the Reception	17.00-18.00 Wine Tasting Meeting Point: Enoteca near Lobby Bar Reservation at the Reception	17.00-18.00 Cocktail Masterclass Meeting Point: Lobby Bar Reservation at the Reception	17.00-18.00 Cocktail Masterclass Meeting Point: Lobby Bar Reservation at the Reception		17.00-18.00 Wine Tasting Meeting Point: Enoteca near Lobby Bar Reservation at the Reception
EVENING at the Lobby Bar					20:30 – 22:30 Uhr Live Musik	20:30 – 22:30 Uhr Live Musik	